



Northern Metropolitan HACC Training  
Committee  
Merri Community Health Services  
Level 1, Suite 3  
368 Sydney Rd, Coburg. 3058  
Phone: 8319 7417



## ASM INFORMATION FOR HACC TRAINING PROVIDERS

### Background to the ASM approach.

The Victorian HACC Active Service Model (ASM) is a Victorian Government Department of Health quality improvement initiative that explicitly focuses on promoting person-centred care, capacity building and restorative care in service delivery. This initiative is now being implemented in Victorian Home and Community Care (HACC) programs, including the training provided for HACC funded agency staff and volunteers.

The goal of HACC Programs is for frail older people and people with disabilities to live in the community as independently and autonomously as possible. The ASM approach reinforces this goal by enhancing and promoting independence and autonomy in service delivery.

A useful way to think about an ASM approach is as a 'health promoting philosophy of care.' This philosophy shifts thinking from 'doing for' clients to 'doing with' clients.

### ASM Principles.

The principles underpinning the ASM approach are that:

- People wish to remain autonomous
- People have the potential to improve their capacity
- People's needs should be viewed in a holistic way
- HACC services should be organised around the person and his or her carer
- A person's needs are best met where there are strong partnerships and collaborative relationships between the person; their carers and family; support workers and between service providers.

### HACC Training Coordinator, Northern Metropolitan Region.

The Northern Metropolitan Region HACC Training Advisory Committee has endorsed an action plan to support HACC funded Agencies in the region to implement ASM via the regional HACC Training Program. This action plan will require the regional Training Coordinator to:

1. promote ASM principles
2. engage ASM trained/aware training providers
3. schedule training workshops which utilise ASM principles, whenever possible & relevant

The Training Coordinator will also review future workshop content for subject matter that goes to:

- Strength based assessment
- Goal directed care planning
- Better & more timely access to allied health services
- Enhancing or rebuilding client capacity in undertaking the activities of daily living
- Maximising the strengths of the staff/client relationship
- Timely provision of (health) aids & equipment
- Client participation in health-promoting activities
- Strengthening social supports by reconnecting with & maintaining client's social networks.

### Training Providers.

In view of the above, Training Providers are asked to familiarise themselves with the HACC Active Service Model and to incorporate content that reflects the ASM principles in future workshops that they offer to assist HACC agency staff and volunteers to bring ASM 'to life' in a client care context, whenever possible and relevant.

### Further information.

More information about the HACC Active Service Model approach is available at:

[http://www.health.vic.gov.au/hacc/projects/asm\\_project.htm](http://www.health.vic.gov.au/hacc/projects/asm_project.htm)

Information source: ASM PREPARE – Express. Victorian Government Department of Health June 2010.