



Youth Counselling

The Youth Counselling program offers short-medium term, free counselling services for young people aged 12-25 years who live, work, study or play within the City of Moreland.

Counselling is a voluntary service and works with young people to explore their concerns. These may include difficulties with: family and friends, school, relationships, mental health issues, sexuality, sexual/ physical assault, family violence, anger management, body image issues and self esteem, eating disorders or any other concerns you may be experiencing.

A counsellor is available Monday to Friday 9am-5pm.

To be referred to counselling or ask any questions about the counselling service:

Please call and speak to a youth counsellor on (03) 9355 9900 or drop in to the Duty Service between 1 and 4 pm Monday to Friday at Merri Community Health Services, 93 Bell St, Coburg, 3058.

For more information about Youth Counselling please call (03) 9355 9900 or email youthhealth@mchs.org.au