



Podiatry

Podiatry is the first logical step for any foot complaint

Podiatry strives to improve the health and wellbeing of people by focusing on the health of their feet, ankles and the lower leg. Podiatrists are trained to deal with the prevention, diagnosis, treatment and rehabilitation of foot and lower limb conditions.

Services provided:

The podiatrists at Merri Community Health Services look after people of all ages and provide them with:

- Education and information regarding foot care and footwear
- Treatment of various foot conditions, which may include skin and / or nail problems
- Minor surgery to treat ingrown toenails
- Assess whether problems exist in the feet and lower leg while walking or running
- Assess the need for specialised insoles such as orthoses, which can assist in correcting or accommodating foot imbalances
- Assessment and management of children's foot problems

The initial podiatry appointment involves consideration of the client's presenting foot complaint and their general medical history. This assessment consequently determines the overall management plan for the client. Education, self-management techniques and preventative measures are an integral part of the podiatry consultation.

Who can use these services?

- Referrals for podiatry services can be made by individuals (self-referral), carers, health professionals including doctors and other service providers
- A Medicare funded service (MBS) is also available for clients with complex needs, who have a referral and care plan from their doctor

How much does it cost?

- Session fees are \$12.50 per session, \$8 per session for Health Care Card and Pension Card holders
- Medicare funded services are bulk-billed (these services require a referral from your doctor)

Services are available at:

- 11 Glenlyon Road, Brunswick
- 93 Bell Street, Coburg
- 79 Jukes Road, Fawkner
- 5D Cromwell Street, Glenroy
- Medicare funded services are available at Glenroy

For further information and appointments:

- Phone Service Access on (03) 9388 9933