



Dietitian

Merri Community Health Services dietitians offer nutritional assessment and advice for diet related health conditions and general advice related to healthy eating.

Services are provided for:

- Children from 3 months requiring advice or assistance with poor weight gain, weight issues, constipation, fussy eating, general eating tips and other issues
- Adults requiring advice and assistance with diabetes, weight loss, high cholesterol and other issues.

The Home and Community Care Dietitian (HACC) provides a service specifically for those in the community who are frail aged or disabled, and also to their carers.

An interpreter can be organised if required.

Merri Community Health Service dietitians offer individual consultations and group education programs such as the:

- Diabetes Education Program
- Weight Control Program
- MEND – family healthy lifestyle program.

Who can use these services?

Referrals for dietitians can be made by individuals (self-referral), carers, health professionals including doctors and other service providers.

How much does it cost?

Session fees are \$12.50 per session, \$8 per session for Health Care Card and Pension Card holders.

Services are available at:

- 93 Bell Street, Coburg
- 79 Jukes Road, Fawkner

For further information and appointments:

- Phone Service Access on (03) 9388 9933